

# Play Therapy 101 Training Series

**Presented by Heather Maritano, LCSW, RPT-S of Inner Resources Counseling**

**Thursday November 3, 2011  
Play Therapy 101, Part 1**

This workshop is designed for those new to play therapy. We will discuss the history and development of play therapy theories, the rationale for its use in clinical practice and how to organize the "equipment" and space needed for facilitating play therapy. Case examples will be presented to illustrate the power of play therapy in resolving children's concerns. Participants should come away with a basic definition and understanding of play therapy process, as well as resources for additional learning. We will highlight the developmental significance of play for all creatures and make a distinction between play and play therapy.

**Friday December 9, 2011  
Play Therapy 101, Part 2**

This workshop is designed to help beginning play therapists use different approaches to play therapy and to witness the process in action through video case illustrations and discussion. Part 1 described the rationale for using play therapy and the basic tools necessary. In this second part we will explore how to put the theory into action. Structuring of sessions based on theory, presenting issue and relational style will be discussed. We will explore how to identify themes and expand metaphors. Participants will understand the difference in directive and non-directive approaches and how to use them effectively.

**Location:** Fountain Square Mall, room 308  
101 W. Kirkwood,  
Bloomington, IN 47401

**Time:** 8:30 to 8:45, check in and continental breakfast  
8:45 to 12:15, session  
12:15 - 1:15 pm lunch on your own  
1:15 to 4:45, session

**Cost:** \$125 per session **Student Rate:** \$100 per session

**CEUs:** 7 credits for each session

Inner Resources counseling is a Category 1 provider for the Indiana Social Worker, Marriage & Family Therapist and Mental Health Counselor Board, Provider #9000765 and The Association for Play Therapy #07-200

**To register for one or both sessions, send your name and contact information along with payment to: Inner Resources Counseling 115 N. College Avenue, Suite 010, Bloomington, IN 47404.** Refunds will be made for cancellations received 1 week prior to the session you are registered for, minus a \$25 processing fee.

**Questions?** Email [hlmaritano@gmail.com](mailto:hlmaritano@gmail.com) or call 812-323-8230

Heather has maintained a private practice for over 12 years working with a variety of issues in individual and family therapy. She has a clinical specialty in play therapy, is a registered play therapist supervisor and the president for the Indiana chapter of APT and recipient of the 2005 Yvonne Williams Award for Excellence and Innovation in Clinical Practice. In addition to her clinical work, Heather is an adjunct instructor at Indiana University and clinical consultant where she utilizes her passion for helping emerging and seasoned therapists enhance their development through training and supervision. Heather enjoys an amazing daughter, great friends, and dancing.