

Indiana Association for Play Therapy Annual Conference

When: June 24th & June 25th 2010

Where: Ritz Charles, Indianapolis, IN

Who: David A. Crenshaw, PhD, ABPP, RPT-S

Cost: Both Days: \$230.00

Single Day: \$135.00

Student: \$185.00 \ \$105

After June 18th: Additional \$25.00

Continuing Education: 6 hours per day approved by the Association for Play Therapy, Inc. to offer continuing education specific to play therapy, provider number00-088.

The Indiana Social worker, Marriage & Family Therapist and Mental health Counselors Board has approved InAPT to provide Category 1 Continuing Education for Lsw, LCSW, LMFT, and LMHC (Registration Number 9800143A). InAPT in cooperation with Comprehensive Services of Ohion (provider #RCS059601) will provide Ohio CE's for Counselors, Social Workers, and Marriage & Family Therapist. However, licensees must judge the programs relevance to their professional practice. Attendance for full day required to receive certificate.

June 24th Program: "Magical Moments of Healing & Transformation in Play Therapy"

Overview: "The healing properties of play & the child's innate drive for healing can result in rare, but dramatic "magical" breakthroughs. These moments in the healing process are worthy of examination. The presenter will share examples of challenges and "magical" moments in play therapy."

Abstract: Daniel Stern within a psychoanalytic framework writes about "the present moment in psychotherapy" and argues that the nodal event that changes the course of a person's life usually occur in a moment regarded as key not only after it has happened but while it is happening. In play therapy the therapist and child affect each other in complex ways, coming together for brief periods which Stern terms 'now moments,' and more intense interactions (which permanently change the relationship between child and therapist) which he refers to as "shared feeling voyages", and "moment of meeting."

While such dramatic breakthroughs are the exception rather than the rule they are worthy of examination in terms of what can be learned about the healing process. In addition, to the therapist-child relationship, the presenter will draw on Schaefer's work in delineating the healing properties of play as a theoretical rationale for transformative experiences. The presenter will share examples covering a wide range of clinical challenges and breakthroughs in play therapy, including Selective Mutism, cases involving trauma including preverbal trauma, separation anxiety, loss and grief. In addition attendees will be given an opportunity to share their own "magical moments" in the course of their play therapy experiences.

Learning Objectives: After the session, participants will be able to:

- 1) Describe at least two theoretical rationales for dramatic moments of change in play therapy.
- 2) Describe the neurobiological underpinnings of "moments of meeting."

3) Describe at least five healing powers of play

June 25th Program: "Fawns in Gorilla Suits" – Child and Play therapy Strategies with Aggressively Acting-Out Children

Overview: "The strategies presented in this workshop are designed to engage severely aggressive children in a meaningful and productive ways in child therapy, to address their neurodevelopmental deficits, and in some cases their invisible, but very real, emotional wounds due to sociocultural trauma.

Abstract: The workshop will explore key concepts rooted in an integrative theoretical model with roots in psychoanalytic and attachment theory, rational therapy, and informed by neurobiological and developmental psychopathology research. The specific child and practical play therapy strategies presented will be grouped under the following main goal-directed headings: 1) creating a safe place; 2) modulating affect and anger expression; 3) teaching the language of feelings; 4) accessing the inner world of the child; 5) "tickling" the self-observer; 6) addressing the invisible wounds including when indicated trauma work; 7) facilitating hope; 8) preparing for therapeutic termination.

Learning Objectives: 1) Identify and describe at least 3 specific strategies to modulate affect and anger..
2) Identify and describe at least 5 specific strategies to address the invisible wounds.
3) Identify and describe at least 3 specific strategies for termination.
4) Describe the delicate balance and clinical sensitivity required to facilitate hope without trivializing suffering.