

INDIANA ASSOCIATION FOR PLAY THERAPY

Newsletter January 2010

Newsletter Committee-Diane Smith LMHC, RPT-S and Jessica Clark

New Year Leadership Change

Regrettably, our InAPT president Megan Pritchard has had to step down from the role. We appreciate her leadership and service to Indiana APT. Megan has been involved since 2006 in the InAPT board helping with the Newsletter, planning the 2007 conference and in the role as president. We are very fortunate that Jennifer Henk has stepped in and is helping to lead the charge. Jennifer has proven to be a versatile leader serving as Treasurer, President Elect and now President.

As always the Board enjoys hearing from our members and welcomes you to contact us at any time. Jennifer Henk- current InAPT president can be reached at JHenk@lotusgroup.biz

FILIAL THERAPY TRAINING –RISE VAN FLEET

Here is some information gathered about bringing Rise Van Fleet to Indiana for a presentation on Filial Therapy in 2010/2011

Cost: \$850.00 (this covers the fees for the presentation and her travel expenses)

The training is open to 6 people. If interest levels are high and we have 9 or more interested we will be able to have a 2nd instructor present as well.

Location is to be determined.

Rise will be sending me more concrete dates but tentatively in 2010 we are looking at October or December or early 2011.

The training is 4 days and 27 CEU's.

Please let me know where your interest level still stands.

Contact Jennifer Henk jhenk@lotusgroup.biz 317-595-5555 if interested

It's getting to look like awards time!

Greetings fellow InAPT members. I know many of us have been in the midst of the Holiday season: Thanksgiving, Chanukah, Christmas, and the New Year but I would like you all to think about the annual InAPT awards. As a member of the InAPT Board I know that I and the other board members recognize

there are many individuals who have made grand contributions to the field of play therapy. I hope that this article serves as an impetus to consider someone or an organization that you know to nominate for one (or more!) of the following awards.

1. The **Yvonne Williams** award for innovative contributions to play therapy. This is for an individual who is an InAPT/ APT member in good standing who has made significant contributions in practice, supervision and or training of others in his/her career. The 2009 recipient was E. Rebecca Carr and in 2008 the recipient was Heather Maritano.
2. The **Vivian Thompson** award for contributions to play therapy. This is for an individual or organization who is a nonmember of InAPT/ APT who has contributed to play therapy over a period of at least 5 years. In 2009 and 2008 the recipients were organizations: Evansville Psychiatric Children's Center and Trails of Hope.
3. The **Research Award**. This award is given to an individual or organization who has contributed to the field of play therapy through research efforts. We have not had a nominee or award recipient for the past four years. Dr. Dan Diehl was the last individuals who received this award.

I know in Evansville where I practice there are many talented individuals who contribute to the field of play therapy. Connecting to others throughout the state I am aware of the work others are also engaging in around the state. Please think of those individuals so when a call for nominations is made you will have your nominations ready!

Mary Lou Petrisko, LCSW, ACSW

Registered Play Therapist and Supervisor

Past-President InAPT

UPCOMING TRAININGS

Monday, January 18, 2010

Play Therapy Basics, part 1

Heather Maritano, LCSW, RPT-S

One City Center Conference Room

120 W. 7th Street

Bloomington, IN

(812) 323-8230

hlmaritano@gmail.com

hmaritanocounseling.com

This workshop is designed for those new to play therapy. We will discuss the history and development of play therapy theories, the rationale for its use in clinical practice and how to organize the "equipment" and space needed for facilitating play therapy. Case examples will be presented to illustrate the power of play therapy in resolving children's concerns. Participants should come away with a basic definition and understanding of play therapy process, as well as resources for additional learning. Distinction will be made between play and play therapy, and we will highlight the developmental significance of play for all creatures. This is the first of two sessions.

Sponsor: Inner Resource Counseling #07-200

Play Therapy Hours: 7

Other Credit: Y

January 27, 28, 29, 30, 2010

Introductory Theraplay & Marschak Interaction Method

Sandra Lindaman, LCSW

Gene Glick Family Support Center

Children's Bureau

1575 Dr. Martin Luther King Dr.

Indianapolis, IN, US

(847)256-7334

info@theraplay.org

www.theraplay.org

Theraplay is a short-term, therapist-guided, attachment-based play therapy for children and their parents/caregivers which:

- Enhances attachment, self-esteem and trust in others through joyful engagement
- Is based on the natural patterns of healthy interaction between parent and child
- Focuses on four essential qualities found in parent-child relationships: Structure, Nurture, Engagement and Challenge
- Creates an active and empathic connection between child and parents

- Results in a changed view of the self as worthy and lovable, and of relationships as positive and rewarding
- This training will prepare participants to use Theraplay at a beginning level including how to:
 - Administer the MIM and analyze it at a beginning level
 - Conduct feedback sessions with parents based upon the MIM analysis
 - Use the MIM as a guideline for Theraplay treatment planning
 - Differentiate and use the four Theraplay dimensions: Structure, Nurture, Engagement and Challenge
 - Describe the relationship of Theraplay to current attachment and brain research
 - Describe how Theraplay is applied to meet the needs of children with behavior problems, foster and adopted children, children with autism/ PDD, older children and children suffering from trauma
- Work with parents to observe their children more empathically and participate in treatment sessions aimed at fostering better parent-child attachment

Sponsor: Theraplay Institute #95-008

Co-Presenter: Annie Kiermaier, LCSW

Play Therapy Hours: 6.5

Other Credit: Y

Thursday, February 4, 2010

Play Therapy and Beyond: Treatment Techniques and Strategies with Children and Pre-Adolescents

Paul White

Holiday Inn Lexington North

1950 Newton Pike

Lexington, KY

(615) 331-4422

ConEd@CrossCountryEducation.com

www.CrossCountryEducation.com

Learning Objectives:

1. Acquire a working knowledge of play therapy and clinical counseling
2. Add to your existing toolbox of counseling skills and techniques

3. Learn methods to connect your treatment goals with a child's play needs
4. Learn over two dozen original strategies and techniques to use in play therapy
5. Learn to be more effective with Attention Deficit Hyperactivity Disordered, Oppositional Defiant Disordered, Depressed, Reactive Attachment Disordered, Obsessive-Compulsive and other hard-to-reach children
6. Learn unprecedented methods of helping children cope with aggression, decision making and problem solving

Sponsor: Cross Country Education #07-194

Play Therapy Hours: 6

Other Credit: Y

Friday, February 5, 2010

Play Therapy: Working with Children Through Creative Expression

Rise VanFleet, Ph.D., RPT-S

Wedeborg Conference Center, Memorial Medical Center

Springfield, IL

(217) 788-3333

mentalhealth@mhsil.com

www.mhcci.org

This presentation highlights the importance of play, its use in play therapy and a wide range of play therapy interventions for

use with children and adolescents. Included are various forms of child-directed, therapist-directed, expressive and dramatic play therapies, as well as Filial Therapy and other family-oriented methods. More recently-developing approaches, such as canine-assisted play therapy will be covered briefly. The presentation includes theory, research summaries and applications to a wide range of child and family presenting problems. The power of play will be revealed through lecture, video illustrations and small group activities.

Sponsors: Family Enhancement & Play Therapy Center, Inc. #95-014, The Children's Center, MHCCI and HSEC

Play Therapy Hours: 6

Other Credit: Y

Monday, February 15, 2010

Play Therapy Basics, part 2

Heather Maritano, LCSW, RPT-S

One City Center Conference Room

120 W. 7th Street

Bloomington, IN

(812) 323-8230

hlmaritano@gmail.com

hmaritanocounseling.com

This workshop is designed to help beginning play therapists use different approaches to play therapy and to witness the process in action through video case illustrations and discussion. Part 1 described the rationale for using play therapy and the basic tools necessary. In this second part we will explore how to put the theory into action. Structuring of sessions based on theory, presenting issue and relational style will be discussed. We will explore how to identify themes and expand metaphors. Participants will understand the difference in directive and non-directive approaches and how to use them effectively.

Sponsor: Inner Resource Counseling #07-200

Play Therapy Hours: 7

Other Credit: Y

March 4 and 5, 2010

Child Parent Relationship Therapy (CPRT): A Research Based 10-Session Filial Therapy Model

Dr. Garry Landreth

1725 East Alginquin Road

Schaumburg, IL

(708) 476-0692

gloria_marin@yahoo.com

www.ilapt.com

Registration deadline February 15, 2010

This two-day workshop will focus on the dynamic relationship facets of training parents to be therapeutic agents in their children's lives. Using a format of didactic instruction, demonstration play sessions, required at-home play sessions, and supervision, parents are taught basic child-centered play therapy principles and skills including tracking, responsive listening, reflecting feelings, returning responsibility to children, the ACT model of limit setting, building children's self-esteem and how to structure weekly 30-minute play sessions with their children using a special kit of selected toys.

This is a practical "how to" workshop that includes training/treatment outlines for the 10 sessions, how to teach the child-centered play therapy skills, toys and materials needed, techniques for involving parents in the learning process, balancing training and meeting parents emotional needs, utilizing group dynamics, facilitative supervision, demonstrations and video segments of Dr. Landreth's CPRT parent training sessions.

CPRT's preventative nature and relatively brief treatment time frame make this treatment model attractive in today's mental health climate.

Sponsor: Illinois Association for Play Therapy #99-076

Play Therapy Hours: 12

Other Credit: Y

Thursday, March 11, 2010

Artsy Play Therapy: Understanding and Using Artwork in Play Therapy"

Patty Scanlon, MSW, LCSW, BCD, RPT-S

St. Matthew's Baptist Church

3515 Grandview Ave.

Louisville, KY

(270) 763-0728

proutytf@infionline.net

www.kyplaytherapy.org

This workshop will cover developmental stages of drawing in children and how to use this information to intervene appropriately. Art techniques and interventions appropriate to all ages will be included. Highly experiential; designed to be able to apply techniques immediately. Goals: understand children developmentally through their drawing and apply to play therapy; choose most appropriate art technique for each client's play session; utilize various art techniques; use art for play therapist self care.

Sponsor: Kentucky Association for Play Therapy #00-081

Play Therapy Hours: 6

Other Credit: Y

Friday, March 12, 2010

Understanding and Creating Therapeutic Stories to Use in Play Therapy

Nancy Davis, PhD

St. Matthew's Baptist Church

3515 Grandview Ave.

Louisville, KY

270.763.0728

proutytf@infionline.net

www.kyplaytherapy.org

Play Therapy is the preferred approach to treating children. Story-telling is a child-preferred method of play used by children as they work out their problems. This workshop will explore many aspects of story-telling and story-creating which are useful in play therapy.

Play Therapists will learn:

- 1) the basis for play therapy as reflected by the influence of brain development on the behavior and thinking of a child;
- 2) the importance of metaphor and symbol in the effective use of story within the play therapy session;
- 3) to understand the structure of a therapeutic story;
- 4) how to change and personalize existing therapeutic stories;
- 5) how to use a therapeutic story in the play session to reduce nightmares in children;

6) the steps in creating your own original therapeutic stories for use in play therapy.

Sponsor: Kentucky Association for Play Therapy #00-081

Play Therapy Hours: 6

Other Credit: Y

CORRECTED INFORMATION RPT-S

In the last issue of the InAPT newsletter information regarding Diane Ferree featured RPT-S was not completely correct. Here is the correct information: Diane M. Ferree LCSW, RPT-S. has started a private practice office in southern Indiana - New Albany, IN. Address is 727 Mt. Tabor Road, Suite C, New Albany, IN 47150 and is providing supervision. Diane has been a Licensed Clinical Social Worker since 1994 and a Registered Play Therapist – Supervisor since 1997. She also has a bachelor's degree in education where she worked as a Special Education Teacher with children experiencing emotional/behavioral problems in an elementary and middle school setting for a total of 6 years. She has supervised a Youth Team at Howard Regional Behavioral Health System for over 10 years, in which she set up several play therapy rooms for the Youth Programs there. The Children's Acute Partial Hospitalization Program received an award from InAPT in the development of this programs use of play therapy. She has presented at workshops on play therapy with a strong background in educating and supervising those who go on to become play therapist. Her training includes extensive work in trauma, divorce, grief/loss, mood disorders, and ADHD.

Diane M. Ferree, LCSW, RPT-S, is currently available for supervision in Kokomo (765)453-8684 and New Albany area (502)550-2686